



# Highcliffe News



27<sup>th</sup> March 2026  
Spring Newsletter 2

Dear Parents and Carers,

We have come to the end of the Spring Term and there has been so much to celebrate. We have had music concerts, fundraisers, awareness days, parents' evening, open classrooms, trips and more!

I'd like to take this opportunity to say a special thank you to the team at Highcliffe. I continue to be impressed by the care and dedication they show to our pupils each day.

Thanks also goes to the Highcliffe PTA who have been busy fundraising for our school. Thanks to their hard work and your generous donations we are able to buy resources and part-fund trips. There are lots more wonderful things in the pipeline so do watch this space.

Thank you for completing our annual survey in January as a leadership team, with the support of the trust we are planning on how can use this valuable feedback to further strengthen the school and support our pupils. Many of our pupils completing the survey felt strongly about our school dinners-can I ask that you speak with your child and complete the survey from Coombes within this newsletter.

The teachers have proudly shared what has been happening this term in this newsletter, I hope you enjoy it!

Wishing you all a wonderful Easter break. We look forward to seeing you all on **Monday 13<sup>th</sup> April**

Best Wishes

Mrs Stewart

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# Sports Stars

Respect Resilience Responsibility Resourcefulness Reflection Reciprocity

An enormous well done to our year 5 and 6 basketball team who competed at the South Charnwood Basketball tournament on Tuesday 13<sup>th</sup> February. Their teamwork was exemplary and they won the whole event without conceding a single point! They will be representing the school at the county tournament at the Leicester Riders stadium next month!



A huge congratulations to the boys' football team who are now semi finalists in the Rice Bowl tournament. We will play Rothley C of E Academy on the 21<sup>st</sup> April for a place in the final.



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# Sports Stars

Respect Resilience Responsibility Resourcefulness Reflection Reciprocity

This Spring, the children took part in a variety of sporting activities with some whole school events and some special events for specified year groups. A small snapshot of some of our events:



**Year 5 Handball Festival**



**Year 3 Rugby Megafest  
at Birstall Rugby Club**



**Girls Football Week**



**Year 1 Gymnastics with  
Little Springers**

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# Parentmail Reminders

Respect Resilience Responsibility Resourcefulness Reflection Reciprocity

## School Lunch Menu – Survey

Coombs Catering Partnership would welcome feedback on the school lunch menu.

Please use the link below to complete their online survey:-

<https://www.surveymonkey.com/r/Highcliffe99>



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# Parentmail Reminders

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**HIGHCLIFFE  
PRIMARY**

Lionheart Educational Trust

## IS A NUT FREE SCHOOL



**Please do not bring any peanuts, tree nuts,  
or foods containing nuts into this area.**

**Thank you for keeping our students safe.**

**Please check the ingredients of items in your  
childs lunchbox**

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# Parentmail Reminders

Respect Resilience Responsibility Resourcefulness Reflection Reciprocity

## Key Dates

*More information about all of the dates below will be sent through letters, parent mail and the newsletter.*

### Summer 1

**Wednesday 15<sup>th</sup> April - 6EM Class Assembly 2:40pm -3:10pm**  
**Parents welcome to attend please sign in at the office**

**Thursday 16<sup>th</sup> April at 2:30pm in Greengate Hall**  
**Year 1 Parents and Carers Phonics Screen Information Meeting**

**Friday 17<sup>th</sup> April 2026 – EYFS Farm Trip All Day**

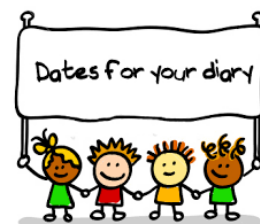
**Year 6 SATS Week: Monday 11<sup>th</sup>-Thursday 14<sup>th</sup> May**

### School Holidays:

**MAY BANK HOLIDAY: Monday 4th May 2026**

**MAY HALF TERM: Monday 25th May 2026 – Friday 29th May 2026**

**SCHOOL CLOSES: Friday 10th July 2026**



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# Parentmail Reminders

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www.healthforkids.co.uk



## Healthy Together Newsletter

ISSUE 10



### Welcome to your latest Healthy Together newsletter

Hello and welcome to the latest edition of your newsletter for parents/carers and school staff from the school nursing team at Healthy Together.

In this update, you can find advice around reducing screen time, information about free online parenting pathways and details of our Lanterns game, encouraging children to write down their worries and watch them float away.

### Reducing the amount of screen time for children


To help you explain the importance of looking away from and spending less time on their screens, we have produced 5 easy to understand reasons for you to share with your child.

#### Riddle me this!

When should you turn off your screen before bed time?

- 1 1 hour before
- 2 1 second before
- 3 1 minute before



 [Click here to view our 5 reasons why you need to look up from a screen](#)

### Free online parenting pathways to support your journey

[Togetherness courses](#) cover concerns that parents often face with all children, from before they are born to early adulthood, including physical and mental health, understanding their feelings and how to build better relationships.

Issues that affect children with additional needs including learning disabilities and autism – are also covered.

 [Click here to find out more about all of the available courses](#)



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# Parentmail Reminders

Respect Resilience Responsibility Resourcefulness Reflection Reciprocity



[www.healthforkids.co.uk](http://www.healthforkids.co.uk)




## In the Spotlight

### Lanterns: Helping to let go of worries

For some children, feelings can be difficult to understand, share and let go of.

To help with this, the [Lanterns game](#) on Health for Kids encourages children to note down their feelings on one of our lanterns and watch as they float away, rather than 'bottling up' how they are feeling.



 [Click here to play our Lanterns game](#)

### Contact a school nurse by text message

Leicestershire Partnership NHS Trust runs a dedicated, confidential and secure text messaging service called ChatHealth for parents/carers of children aged 0-11 in Leicestershire and Rutland, which enables you to get professional health advice and support.

Text a Public Health Nurse (School Nurse) on:

**07520 615 382**



### Contact a health professional via the Healthy Together Helpline

You can also call to speak to the Helpline's qualified health and administrative professionals who offer easy to access, safe and free advice, support and signposting.



**Call 0300 300 3001**

Calls are answered from 9am – 4.30pm on weekdays, excluding bank holidays.


### Free local support for managing parental conflict

There is strong evidence that conflict between parents, whether they live together or are separated, can have a significant negative impact on children's mental health, well-being, and long-term life chances

Not all conflict is harmful. Children can cope well with disagreements that are calm, short-lived and resolved.

However, when conflict is frequent, intense, or poorly resolved, it can affect how safe children feel, how they manage their emotions, and how they behave at home and in school.

[The East Mids Relationships website](#) offers more information as well as non-judgmental support and guidance for managing parental conflict.

 [Click here to visit the East Mids Relationships website](#)

**EastMidsRelationships**

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# Class Messages

Respect Resilience Responsibility Resourcefulness Reflection Reciprocity

## EYFS

This term we have explored our topic 'Our Wonderful World' using a range of stories and stimuli. The children began by learning about their local area and then expanded their learning to the UK and other parts of the world. They have all thoroughly enjoyed learning the continents song.

More recently, we have been learning about planting and lifecycles. The children have all had a hands-on experience of planting and investigating minibeasts.



Our highlight this term has been our Science Week, The children impressed us with their dinosaur facts and vocabulary. We had some budding palaeontologists and scientists.



Spring has seen us celebrate and learn about many special events. The children all made Mothers day bouquets, took part in Girls Football Week and dressed up for World Book Day and Red Nose Day. We learnt and shared experiences of special events such as Lunar New Year, Holi, Lent, Ramadan and Easter.

It has been a pleasure seeing the children becoming more confident in all areas of the curriculum. We hope you have a restful Spring break, and we look forward to the Summer term.

Mrs Hammond and Mrs Lunat

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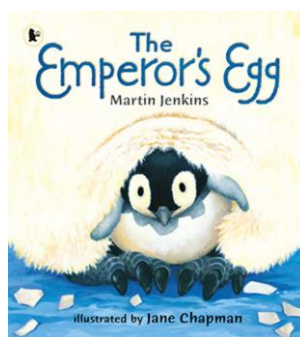
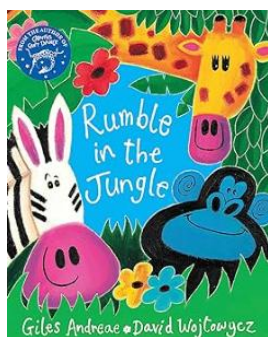


# Class Messages

Respect Resilience Responsibility Resourcefulness Reflection Reciprocity

## Year 1

We have had a great half term and the children have very much enjoyed the animal topic! We have read some interesting books this term for our English subject and our favourite was definitely Rumble in the Jungle! The children are now able to identify some rhyming words but their favourite piece of work was creating animal riddles. They also loved the non-fiction text: the Emperor's egg where they learnt some key facts to create a fact file.



In Maths we learnt to count to 20 and developed a deep understand of what 10 looks like. Once we had built our knowledge on how numbers are made up to 20, we moved on to using our number bonds knowledge to apply our learning in adding and subtracting all the way to 50!

In Science the children enjoyed learning about animal groupings, features and diets.

Well done Year 1 for working extremely hard this term and we hope you have a wonderful break!

Mrs Patel and Miss Mac



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# Class Messages

Respect Resilience Responsibility Resourcefulness Reflection Reciprocity

## Year 2

This term for Year 2 has been another busy yet fun filled time for the children.

They have showed a great environmental awareness during our English lessons based around the books "Somebody Swallowed Stanley" and "Dear Earth" They even delivered very passionate speeches about the Earth's problems and what we can do to help! A great job was done by all.



We also enjoyed a great Science Week; it was full of practical, interactive activities that the children became really engrossed in., such as building bird's nests using pegs for beaks. Another favourite was an investigation to see whether toast always landed butter side up! A huge shout out to Miss Solanki who made toast for all the children to sample!

We also made the most of the lovely weather and made outdoor sculptures in the style of Andy Goldsworthy in Art.

We also had a fun session in P.E, where we learnt how to ride our scooters safely, whilst at the same time learning a few tricks.

World Book Day was also great. The children engaged in buddy reading with Year 5 and thoroughly enjoyed it.

In R.E.



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# Class Messages

Respect Resilience Responsibility Resourcefulness Reflection Reciprocity

## Year 3

### ***What an incredible Spring term it has been for Year 3!***

The children have worked exceptionally hard and consistently demonstrated the 6Rs throughout the term.

We have also enjoyed a number of exciting extracurricular events that we're delighted to share with you.

### **Young Voices**

Alongside other year groups, a group of our Year 3 children had the fantastic opportunity to take part in Young Voices, performing at the BP Pulse Arena in Birmingham. They were brilliant, showcasing their talent, focus, and impressive singing skills.



### **Birstall Music Project**

Continuing our musical theme, Year 3 also took part in the Birstall Music Project. The children visited Cedars Academy to perform their songs—and they were amazing! It was a wonderful experience that allowed them to shine, celebrate their hard work and experience performing on a stage in a proper venue.

### **Rugby Event**

Just last week, Year 3 were once again called upon to represent the school—this time at a tag rugby event organised by Birstall Rugby Club. The children showed great teamwork, determination, and sportsmanship throughout the day.

### **Bosworth Battlefield Roman Experience Day**

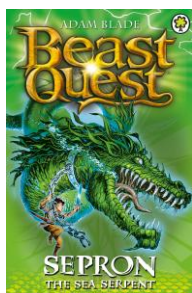
This term, Year 3 visited Bosworth Battlefield and took part in a series of engaging workshops exploring Roman life, Roman history, and the difference between primary and secondary sources. The children were enthusiastic, curious, and an absolute credit to the school.



As well as all our exciting wider curricular exploits, we have also been hard at work in English and Maths.

### **English**

In English, the children have produced some fantastic work. They wrote acrostic poems inspired by flowers, completed an incident report based on The Three Little Pigs, and created their own information texts describing imaginative creatures inspired by the Beast Quest series by Adam Blade.



### **Maths**

In Maths, the children have continued to deepen their understanding by building on the skills taught in the autumn term. They began by learning about multiplication and division, then moved on to length, perimeter, and finally fractions. Their hard work and perseverance have been wonderful to see.

It has been a rewarding and exciting term, and we are so proud of everything Year 3 has achieved. We cannot wait to see what amazing things await us in the summer term!

Mr Patel and Mr Jenkins

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# Class Messages

Respect Resilience Responsibility Resourcefulness Reflection Reciprocity

## Year 4

What an incredible Spring Term it has been for Year 4! The children have shown exceptional motivation, curiosity, and enthusiasm across all subjects. Their willingness to challenge themselves and develop new skills has been wonderful to see.

This term year 4 had an exciting visit to Mary Arden's Farm, where the children took part in a Tudors Alive workshop. They had the opportunity to explore genuine Tudor buildings, watch traditional demonstrations, and step straight into the world of Tudor life. Their thoughtful questions and eagerness to participate made the experience truly special.



Their Tudor theme continued in Design and Technology, where the children worked carefully to prepare their own Tudor pottage. They measured ingredients, followed instructions, and bravely tasted a dish very different from their usual meals.

In Geography, the class turned their attention to our world's oceans. They explored why oceans are so important to life on Earth, how they influence our climate, and why caring for them is essential. The children engaged in thoughtful conversations about conservation and showed real concern for our planet.



Back at school, Year 4 continued their exploration of Tudor England in History lessons. They learned about key figures such as Henry VIII, discovered what daily life was like for people at the time, and compared how society has changed over the centuries. They showed great curiosity throughout, especially when examining historical sources and discussing their ideas together.



This term's PSHE lessons focused on First Aid, giving the children valuable knowledge about keeping themselves and others safe. They practised placing someone in the recovery position, learned how to treat bites and stings, and explored what to do in an asthma attack. They approached each session with maturity, care, and confidence.

We are incredibly proud of how enthusiastic, resilient, and motivated the children have been throughout the Spring Term. They have supported one another beautifully and embraced every challenge with a positive attitude.

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# Class Messages

Respect Resilience Responsibility Resourcefulness Reflection Reciprocity

## Year 5

What an incredible Spring term it has been for Year 5! Our learners have embraced every challenge, opportunity and experience with enthusiasm, curiosity and impressive maturity. It has truly been a joy to see them flourish across all areas of school life.



Pupils embraced new environments, new teachers and new subjects with maturity and excitement—an important step as they begin to look ahead to learning after primary school.

This term's learning has been rich, varied and filled with discovery. Some highlights include:

**History:** Exploring the dramatic struggle for control of Britain between the Anglo-Saxons and Vikings.

**DT:** Pupils designed and built their own Lunar Buggies—carefully thinking about structure, function and what a real space mission would require.

**Geography:** Investigating why people climb Mount Everest and examining the physical and human challenges climbers face.

**Art:** Experimenting with media and techniques to produce stunning space-themed artwork.

In English, pupils have worked exceptionally hard. We've been captivated by Philip Pullman's *Northern Lights* and Rudyard Kipling's *The Jungle Book*, diving deep into characters, themes and rich descriptive language. Their writing and discussion skills have improved as a result.



Our term began with an exciting visit to the National Space Centre, where pupils explored interactive galleries, marvelled at spacecraft and deepened their understanding of Earth and Space. The trip sparked lots questions and discussions back in the classroom.

Year 5 also took part in the inspiring Lionheart Speaks public speaking project. Pupils wrote and performed passionate speeches about global and environmental issues close to their hearts. Their confidence, depth of thinking and vocal delivery were exceptional, and it was wonderful to see them develop such important communication skills.

Another highlight of the term was visiting The Cedars Academy for secondary school taster days.

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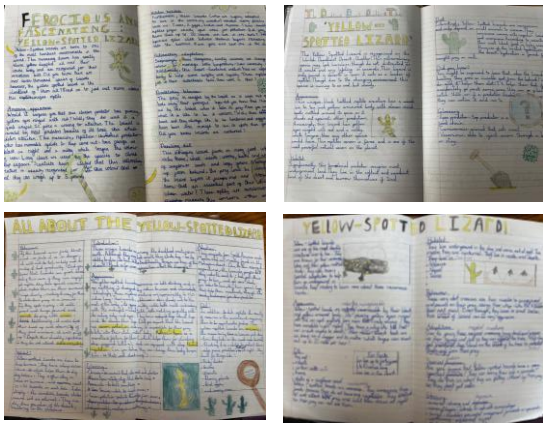
# Class Messages

Respect Resilience Responsibility Resourcefulness Reflection Reciprocity

## Year 6

What an amazing Spring Term Year 6 have had! They have worked incredibly hard this term and there is so much to celebrate!

Our term began with studying the book 'Holes', from which the children have written fantastic setting descriptions, non chronological reports on Yellow-Spotted Lizards and even innovated their own narratives using the main character, Stanley Yelnats.



In Art we have been studying various artists from South America such as Diego Rivera and Frida Kahlo, whose work we have used as inspiration for our own murals based on a theme which inspires us.



In Maths, we have been working extremely hard on our fractions, decimals and percentages as well as Statistics and Ratio throughout which, the children have shown fantastic resilience and responsibility for their own learning.

Our trip to the Warning Zone was a fantastic success! The children learnt about staying safe both inside and outside the home, with a strong emphasis on e-safety. They asked thoughtful questions throughout the visit and took away lots of valuable information to help keep safe and in preparation for secondary school.



We wish the Year 6 children a restful break and look forward to seeing them back ready for more learning in preparation for their SATS.

Mrs Pabla and Miss Miles

*Keep Up the Good Work!*

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